

GRAB & GO (v) Two Pastries and a Choice of	£6.00	CARDINAL FULL ENGLISH	£18.00
Coffee, Tea or Juice CHIA SEED PUDDING (V)	£8.00	Two Fried Eggs, Sausage, Bacon, Slow Roast Tomato, Buttered Mushrooms, Grilled Sourdough Toast and Baked Bean	IS.
Coconut Milk Soaked Chia Seed Pudding, with Mix Berry Compote, Nut & Fruit Granola and Fresh Berries		CARDINAL VEGGIE (v) FRY UP	£16.00
GRANOLA (v) Nut & Fruit Granola with Greek Yoghurt and, Mix Berry Compote and Fresh Berries	£8.00	Hash Brown, Baked Beans, Eggs, Smashed Avocado, Wilted Spinach, Slow Roast Tomato, Roasted Mushrooms, Halloumi and Sourdough Toast	
HOT PORRIDGE (v) Choice of Milk (Regular or Alternative), with Berries	£8.00	SHAKSHUKA (v) Roasted Aubergine, Spicy Tomato Sauce, Eggs, and Feta	£16.00
CONTINENTAL (v) A Choice of Porridge, Granola or Chia Seed Pudding, Two Pastries, Bread,	£18.00	AVOCADO TOAST (v) Poached Eggs and Herbs	£13.00
Butter & Jam, One Barista Coffee and a Selection of Juices.		EGGS BENEDICT OR FLORENTINE	£12.00
BUTTERMILK (v) PANCAKES Seasonal Fresh Berries, Crème	£14.00	Poached Eggs on English Muffins with a Choice of Ham or Spinach, and Hollandaise Sauce	
Fraiche, and Maple Syrup		EGGS ROYALE	£15.00
EGGS YOUR WAY (v) Two Free Range Eggs Scrambled, Poached or Fried, with Toast	£9.00	Poached Eggs on English Muffins with Smoked Salmon and Hollandaise Sauce	
OMELETTE	£12.00	ADDITIONS	
Three Eggs with a Choice of Two from the following: Spinach, Tomatoes, Mushrooms, Ham or Cheese		Egg, One Bacon, One Pork Sausage, £2 Spinach, Half Avocado, Two Hashbrowns	2.50 each
Egg whites also available		Smoked Salmon	£5.50
LATTE	£3.50	ENGLISH BREAKFAST	£4.00
FLAT WHITE	£3.50	GREEN TEA	£4.00
MOCHA LATTE	£3.50	FRESH MINT TEA	£4.00
SINGLE ESPRESSO	£2.50	LEMON GINGER TEA	£4.00
DOUBLE ESPRESSO	£3.00	CHAMOMILE TEA	£4.00
LICED LATTE	£3.50	JASMINE TEA	£4.00

