

# THE ALLOTMENT VEGAN EATERY

ENJOY 30% OFF FOOD DURING JANUARY SUNDAY-THURSDAY

3 Tapas For £18 | 5 Tapas For £30 AVAILABLE EVERY FRIDAY & SATURDAY

# **TAPAS**

# **Cauliflower Wings**

BEST SELLER

Our secret recipe cauliflower wings served with Sriracha mayo (GF)...£7.50

#### Plant Balls

Soy and pea protein plantballs marinated in a white wine and cream sauce, served with crusty bread (GF option available)...£7.50

### **Chargrilled Cabbage**

Chargrilled cabbage, kale, chickpea croutons & Caesar style dressing(GF)...£6.50

#### Soup Of The Day

Served with crusty bread (GF option available)...£6.50

### Miso Maple Mushrooms

Mushrooms marinated with miso and maple served with crispy shallots and garlic aioli (GF)...£7.00

#### **Bhindi Curry**

Okra based bhindi curry served with Flat Bread...£7.50 | Available as a large plate served with rice...£15.50 | (GF option available)

Sriracha Mayo | Miso Garlic | Tahini I Garlic Aioli...£2.00

#### Lentil Jalfrezi

Lentils in traditional Indian curry sauce served with Jeera rice and poppadom's (GF)...£15.50

#### **Jackfruit Tacos**

Three hard shell tacos filled with tex mex braised jackfruit, served with guacamole, sriracha mayo & fresh pineapple salsa(GF)...£15.50

# Sticky Toffee Pudding

Sticky toffee pudding served with a toffee sauce and vanilla ice cream(GF option available)...£6.50

#### **Hazelnut Slice**

Hazelnuts, salted caramel praline and Belgian chocolate ganache served with ice cream...£6.50

#### Afternoon Tea

A vegan twist on the traditional Afternoon Tea. Including a selection of chilled sandwiches, cauliflower wings, cakes, freshly baked scones & a soft drink each (Contains Gluten)...£16PP Upgrade to a prosecco option for an dditional £2.50pp

### Satay Skewers

Tofu skewers marinated in an almond spicy satay sauce with mango and coriander(GF)...£7.50

**Tenderstem & Chicory** Tenderstem Broccoli, chicory, olive tapenade, garnished with pomegranates(GF)...£7.00

# **Roasted Butternut Squash**

Roasted butternut squash served with miso garlic sauce & pomegranates (GF)..£7.00

#### **Tex Mex Jackfruit Bao Buns**

Two pulled tex mex jackfruit bao buns with sriracha sauce...£8.00

#### Pesto Courgette

Spiralized raw courgette served with cherry tomatoes, pecan rocket pesto & pine nuts(GF)...£7.50

### **EXTRAS**

Flatbread...£3

Hand Cut Chips, seasoned with rock salt...£4.50

# FRIDAY LUNCH OFFER

12PM-5PM

ENJOY TWO TAPAS DISHES & A DRINK FOR £14.95 CHOOSE FROM A SELECTION OF HOT DRINKS, SOFT DRINKS, BOTTLED BEER OR HOUSE WINE

# LARGE PLATES

### **Sharing Platter**

Satay tofu skewers, hand cut chips, cauliflower wings, salt and pepper edamame beans, flatbread, heritage tomato salad. Served with hummus & sriracha mayo (GF option available)...£21.00

\*Add a bottle of house wine for an additional £20 or a bottle of prosecco for £28

# **DESSERTS**

### **Affogato**

Vanilla ice cream topped with a hot espresso (GF)...£4.50 Add a shot of Disaronno for an additional £2.00

#### The Allotment Sandwich

Leek and chestnut stuffing, brussels sprouts, cranberry sauce, garlic aioli on rosemary focaccia served with roast potatoes and gravy...£16.00

#### **Buddha Bowl**

Satay tofu chunks, quinoa, cherry tomatoes, red cabbage, tahini, tenderstem broccoli, pickled onion, mixed leaf, sunflower and pumpkin seeds(GF)...£16.00

### A Trio Of Cakes

A trio of cakes including red velvet cupcake, chocolate brownie & a freshly baked scone with cream & jam...£9.00

#### **Banoffee Cheesecake**

Banoffee cheesecake served with salted caramel ice cream...£6.00

# **EXPERIENCES**

# **BOTTOMLESS** BRUNCH

AVAILABLE ALL DAY, EVERYDAY...£30PP

PLEASE ASK YOUR SERVER TO VIEW THE MENU

#### **Sunday Roast**

Available Every Sunday

Stuffed Butternut Squash

Served with rosemary roast potatoes, chestnut & mushroom stuffing, glazed carrots & parsnips, tenderstem broccoli, gravy and a butternut squash & orange puree (GF)...£17.00

\*If you have any allergies please let your server know before ordering. Whilst we do our best to reduce risk of cross contamination in our restaurant , we cannot guarantee that any of our dishes are free from ept any liability in this respect. G ed to assess their own level of risk. A discretionary ser