



THE OLD GOVERNMENT HOUSE
HOTEL & SPA



BREAKFAST MENU



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BREAKFAST MENU

GOOD MORNING...

THE CONTINENTAL SELECTION FROM OUR BUFFET

CHILLED AND FRESH FRUIT JUICE

FRUIT SELECTION

selection of fresh and poached fruit
accompanied by a selection of nuts and seeds

SELECTION OF CEREAL

muesli, homemade granola, Cornflakes, Bran Flakes,
Rice Krispies, Special-K and Weetabix

YOGHURT

natural Greek and a selection
of fruit yoghurts

COLD MEAT

Milano salami, Parma ham,
garlic sausage and chorizo

CHEESE

local Guernsey smoked cheese,
Stilton and Camembert

BAKER'S STAND

a selection of pastries, bread and health bars

CHEF'S HOT BREAKFAST SELECTION

FULL ENGLISH BREAKFAST

fried, boiled, poached, or scrambled eggs
grilled back bacon, pork sausage,
sautéed mushrooms, baked beans,
grilled tomato and black pudding

VEGETARIAN BREAKFAST

grilled mushroom, tomato, spinach, baked beans,
sweet potato Rösti and your choice of eggs

EGGS ROYALE

poached eggs, smoked salmon and hollandaise sauce
served on an English muffin

EGGS BENEDICT

poached eggs, smoked ham and hollandaise sauce
served on an English muffin

TWO BOILED EGGS

with Marmite soldiers *(Vegetarian)*

POACHED EGGS ON TOAST *(Vegetarian)*

SCRAMBLED EGGS

plain or with smoked salmon

OMELETTES

with your choice of fillings

BLT

wholegrain toasted sandwich
with bacon, lettuce, tomato and aioli

SMOKED HADDOCK KEDGEREE

brown rice, coriander, chilli,
garden peas, poached egg

BUTTERNUT SQUASH PANCAKES

feta cheese, roasted tomato,
pumpkin seeds *(Vegetarian)*

CRUSHED AVOCADO

granary toast, tomato, balsamic vinegar,
poached egg *(Vegetarian)*

SMOKED SALMON

wilted spinach, wholegrain toast,
scrambled egg

OAK SMOKED KIPPER

with a lemon and herb butter

SCOTTISH PORRIDGE

with milk and muscovado sugar *(Vegetarian)*

FRESH HEALTHY JUICES *(TO ORDER)*

STRESS DOWN

carrot, celery and ginger

THE MIGHTY

cucumber, kale, broccoli, spinach and lemon

HEARTBEAT

beetroot, banana, pineapple and apple

YOUNG BLOOD

celery, lemon and apple