



SAMPHIRE

Restaurant

CONTINENTAL BREAKFAST

PLEASE HELP YOURSELF FROM OUR BUFFET

Selection of Fresh Bread

Baked Pastries & Croissants

Fresh Fruits

Cold Meats & Cheeses

Fruit Yoghurts

Fresh Fruit Juices

Cereals

FRESHLY COOKED BREAKFAST

Full English Breakfast - With your choice of eggs, Pork or Vegetarian Sausage, Smoked Bacon, Grilled Tomato, Field Mushrooms, Hash Brown, Black Pudding, Baked Beans (g,su,c,m,mu)

Omelette - With your choice of plain, ham, cheese, mushroom or tomato (e,m)

Freshly made American Style Pancakes with Crispy Smoked Bacon and Maple Syrup (m,g,e)

Eggs Benedict - Poached eggs & Sliced ham on an English Muffin topped with hollandaise sauce (m,g,e,so,su)

Eggs Royal - Poached Eggs & Smoked Salmon on an English Muffin topped with hollandaise sauce (m,g,e,su,so)

Eggs Florentine - Poached Eggs & Spinach on an English Muffin topped with hollandaise sauce (v,m,g,e,su,so)

For your information and reassurance, all dishes show which potential allergens they may contain:
e=Egg; mo=Molluscs; cr=Crustacean; c=Celery; m=Milk; f=Fish; tn=Tree Nuts; so=Soya; se=Sesame;
su=Sulphites pe=Peanuts; mu=Mustard; g=Gluten; v=Dishes suitable for vegetarians; lu=Lupin
ve= dishes suitable for vegan

